

6TH MAY 2019

Reach Out

**AGE OF
CREATIVITY
FESTIVAL 2019**



I love it when a friend gets in touch.
I should do it more often.



DO

Pick up the phone, or put pen to paper, and contact a friend or family member you haven't spoken to in a while.

THINK

How did you find this challenge? What did it make you think about, or reflect on?

SHARE

Share your work with others in your local group, and online using #AoCFestival #64MillionArtists



7TH MAY 2019

Stretch It Out

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A good stretch sorts a lot of things out.



DO

**Stand or sit with your group.
Starting with your feet and moving
up, have a gentle stretch of all parts
of your body. You could do it to
some gentle music.**

THINK

How does it feel to have a good stretch?
Do you enjoy moving your body?

SHARE

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#AoCFestival #64MillionArtists



8TH MAY 2019

Game On

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I love a beetle drive. They remind me of good times with friends.



DO

Choose one of your favourite games to play and teach it to others in your group. Whose up for a game of Beetle Drive?

THINK

Are you competitive, or is it the taking part that counts? How do you like to spend time with friends?

SHARE

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9TH MAY 2019

SuperPowers

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Oooh...imagine what you could get up to!



DO

If you were a superhero for just one day, what special power would you want and why? See if everybody in the group can choose a different one.

THINK

What is your special skill or talent? What makes you unique?

SHARE

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10TH MAY 2019

My Favourite Trees

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I sometimes wish I was a tree. They're so peaceful and dignified.



DO

Trees can be magical - from big ancient oaks to miniature acers. Do you have a favourite? Can you draw or describe your favourite tree?

THINK

If you were a tree, which tree would you be? Where do your roots grow?

SHARE

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