

**6TH MAY 2019**

# Reach Out

**AGE OF  
CREATIVITY  
FESTIVAL 2019**



I love it when a friend gets in touch.  
I should do it more often.



**DO**

**Pick up the phone, or put pen to paper, and contact a friend or family member you haven't spoken to in a while.**

**THINK**

How did you find this challenge? What did it make you think about, or reflect on?

**SHARE**

Share your work with others in your local group, and online using #AoCFestival #64MillionArtists



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**7TH MAY 2019**

# Stretch It Out

**AGE OF  
CREATIVITY  
FESTIVAL 2019**



A good stretch sorts a lot of things out.



**DO**

**Stand or sit with your group. Starting with your feet and moving up, have a gentle stretch of all parts of your body. You could do it to some gentle music.**

**THINK**

How does it feel to have a good stretch? Do you enjoy moving your body?

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**8TH MAY 2019**

# Game On

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CREATIVITY  
FESTIVAL 2019**



I love a beetle drive. They remind me of good times with friends.



**DO**

**Choose one of your favourite games to play and teach it to others in your group. Whose up for a game of Beetle Drive?**

**THINK**

Are you competitive, or is it the taking part that counts? How do you like to spend time with friends?

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**9TH MAY 2019**

# SuperPowers

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FESTIVAL 2019**



Oooh...imagine what you could get up to!



**DO**

**If you were a superhero for just one day, what special power would you want and why? See if everybody in the group can choose a different one.**

**THINK**

What is your special skill or talent? What makes you unique?

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**10TH MAY 2019**

# My Favourite Trees

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CREATIVITY  
FESTIVAL 2019**

“

I sometimes wish I was a tree. They're so peaceful and dignified.

”

**DO**

**Trees can be magical - from big ancient oaks to miniature acers. Do you have a favourite? Can you draw or describe your favourite tree?**

**THINK**

If you were a tree, which tree would you be? Where do your roots grow?

**SHARE**

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