



Here is some extra information from [Isaac](#) about today's prompt, Day 24 of The January Challenge! Happy exploring...

“Watch this short video about steady beat v rhythm:

Steady Beat v Rhythm: <https://www.youtube.com/watch?v=EW4h0qIYBNA>

Then listen to any, some or all the following music and find the steady beat (or pulse, which is the same as a beat), and replicate the steady beats/pulse.

Bo Diddley - Bo Diddley (1955): <https://www.youtube.com/watch?v=Ij22Z006ec>

I Want Candy by The Strangeloves: <https://www.youtube.com/watch?v=50OcnPVdKrs>

U2 - Desire (Official Music Video): <https://www.youtube.com/watch?v=z8rQ575DWD8>

KT Tunstall - Black Horse And The Cherry Tree:

<https://www.youtube.com/watch?v=PQmDUEv939A>

...as you listen, you might begin to recognise a similarity, a recurring rhythm in all of these songs.

Now, listen to this, especially the bell pattern:

Kpanlogo (by Kakatsitsi Drummers): <https://www.youtube.com/watch?v=a61D7L1gXmk>

The recurring rhythm you've been hearing is a 3,2 rhythm with West African origins influencing the Blues, Rock, Pop and other genres of music, often through its influence on Afro Cuban, Afro Latin music.

Now, listen again to any of the tracks, notice the 3,2 rhythm and replicate it however you wish; voice, hand claps, thigh tapping, percussion instruments, pots and pans...etc., however you want to groove.

You might want to take it further and get together with someone or a few people and play the steady beats, pulses and rhythms together, and feel free to add your own rhythms, to make your own fun compositions.

Have fun!